

BeBold101

1. solve where others complain;
2. volunteer when others look down;
3. be principled and yet flexible;
4. never give up;
5. have a plan;
6. write every day;
7. stay courteous in all circumstances;
8. appreciate that which is easily taken for granted;
9. see tough times as *testing-your-resilience-and-systems*
10. get up in the dark and drive to that sales call and win it and drive home in time for children's bath-time;
11. make time for what is important: family, health and plans;
12. be there: whatever;
13. know your (nine years old) son's timetable;
14. support your (twelve years old) daughter's real career ambitions;
15. read more Shakespeare and marvel at the language one more time;
16. laugh at yourself;
17. *Freedom lies in being bold.* Robert Frost;
18. go when others stall;
19. simply know what others cannot even imagine;
20. simply help for no reason at all;
21. eat wondrous, soul-enhancing, 'sattvic', good fresh food every meal, every day;
22. wonder when others are so sure;
23. wander where others have never ventured;
24. start when others are still debating;
25. dawdle where others are rushing;
26. hold her hand. And she hold yours;
27. know that you can solve it: it is merely a matter of time;
28. never be bored;
29. find the intrinsic worth in anything you do;
30. write and fill the notebooks you kept for something special;
31. switch everything off as you sit down to eat. And eat by candles;
32. get the meeting back on track;
33. encourage;
34. read even more books;
35. appreciate freedoms;
36. insist on not losing your freedoms in the name of control;
37. seek education not just knowledge;
38. seek wisdom not just the passing of time;
39. play rock 'n roll loudly;
40. *In the early days, we just wore black onstage. Very bold, my dear. Then we introduced white, for variety, and it simply grew and grew.* Freddie Mercury
41. get exercise in a society which takes exercise away;
42. find the facts in a society which drowns in opinions;
43. take ownership in a culture which generates excuses;
44. take time for civilisation in a civilisation which has no time to be curious;
45. wander bare foot on the beach;
46. do a road-trip despite a very busy autumn/fall schedule;
47. ask her to a movie;

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48. *Avoiding danger is no safer in the long run than outright exposure. The fearful are caught as often as the bold.* Helen Keller
49. squeeze out one more pull up when the body knows it can but the *mind screams give up*;
50. do not resent different views but use them to augment your own;
51. be on a quest for what really matters in a world of electrons, elections, entropy, cables, screens and gum wrappers;
52. seek feedback;
53. and act upon it;
54. expose one's deepest worries to paper;
55. colour outside the lines;
56. fight for clarity of thinking;
57. and depth of expression;
58. learn a Greek word or two;
59. admit to mistakes;
60. start again;
61. listen to different music;
62. cook more;
63. study that full moon;
64. get back to the desert;
65. do more mental arithmetic
66. imagine thinking like T E Lawrence
67. imagine thinking like Jane Austin
68. imagine being a Founding Father
69. re-realise the enormity of it all and sit down as one's head begins to spin;
70. look at that Periodic Table in a different way from school: see a thing of beauty, organisation and sheer undiluted genius;
71. listen to more Opera, more often, even though it often makes you cry;
72. allow yourself to cry;
73. *He was a bold man that first eat an oyster.* Jonathan Swift
74. simply stride out and walk there;
75. start drawing;
76. write a book;
77. do it with passion;
78. remember what is important;
79. be different;
80. be very different;
81. get very, very good at something;
82. *There's nothing more intoxicating than doing big, bold things.* Jason Kilar
83. never give discount;
84. give up PowerPoint for ever;
85. re-discover the joy of sharpened HB pencils on paper;
86. simplify your Life beyond your wildest dreams;
87. let it go, finally, once and for all;
88. in the fullness of time and all things considered: give up using cliches;
89. or even TLAs;
90. but: do count your chickens. Regularly;
91. walk tall, yet have humility;
92. lead, yet listen;
93. notice the seasons in the weather;
94. and in the ebb and flow of your Life;
95. understand all contexts of wealth;
96. connect with them, whether child, barista or CEO;
97. work hard to make the world a better place;
98. be bold;
99. really BOLD;
100. so BOLD;
101. you finally are alive.